

# REDHS News

## Hospital Rebuild

Stages of our re-build are:

### → Stage 1 - Community Care Wing

*\*anticipated completion date Christmas 2023*

Community Care, Allied Health, GP Clinic, Function Room, Administration, Reception, IT Server Rooms

### → Stage 2 - Corporate Services Wing

*\*anticipated completion date Christmas 2023*

Kitchen, Stores, Laundry

### → Stage 3 - Acute & Urgent Care Wing

*\*anticipated completion date June 2024*

### → Stage 4 - Aged Care Wing

*\*anticipated completion date December 2024*

*(\*assuming no major delays/interruptions)*

## Cardiac Rehab Exercise Classes



Wednesdays at  
the Rochy Fitness  
Centre.

A specialised  
exercise program  
for those with or  
at risk of chronic

cardiac and lung conditions.

Safely exercise whilst being monitored by one of our qualified team to help improve your physical, emotional and social recovery after surgery, an event (like a heart attack), or exacerbation of your condition.

For more information, or to make an appointment for an assessment, please call our intake officer on 03 5484 4465.

## Podiatry Returns to Rochester



Commencing this week podiatry services will resume two days per fortnight at the Rochester Medical Clinic.

Our Podiatry service also remains available at our Elmore and Rushworth locations.

## REDHS Services

Services continue to be provided to eligible clients in the Rochester, Elmore and surrounding communities for:

- District Nursing
- Home Care
- Social Support
- Allied Health



Services are available at our Jeffrey Street, Elmore site, Rushworth and Lockington for:

- Dietetics - Podiatry - Social Work
- Exercise physiology - Physiotherapy
- Exercise programs - Occupational therapy

RFDS Community Transport is available for appointments.

## Urgent Care

is temporarily located at  
40-44 Moore Street  
Rochester

8:30am - 5:00pm

Monday to Friday

Call 0428 358 892



**redhs**  
caring for our community