

# REDHS News

## Hospital Rebuild

Stages of our re-build are:

### → Stage 1 - Community Care Wing

*\*anticipated completion date Christmas 2023*

Community Care, Allied Health, GP Clinic, Function Room, Administration, Reception, IT Server Rooms

### → Stage 2 - Corporate Services Wing

*\*anticipated completion date Christmas 2023*

Kitchen, Stores, Laundry

### → Stage 3 - Acute & Urgent Care Wing

*\*anticipated completion date June 2024*

### → Stage 4 - Aged Care Wing

*\*anticipated completion date December 2024*

*(\*assuming no major delays/interruptions)*

## Cardiac Rehab Returns to Rochester

Our Cardiac and Pulmonary Rehabilitation program has returned to Rochester with classes running on Wednesdays at the Rochy Gym until Stage 1 of our rebuild is complete.

This is a specialised exercise program for those with or at risk of chronic cardiac and lung conditions. You can safely exercise whilst being monitored by one of our qualified team to help improve your physical, emotional and social recovery after surgery, an event (like a heart attack), or exacerbation of your condition.

For more information, or to make an appointment for an assessment, please call our Intake Officer on (03) 5484 4465.

## Weekly Community Dinners

*Join us for dinner!*

**Community Dinners are held weekly, Monday nights, 6:00pm, at the Rochester Shire Hall, Mackay Street.**

This initiative provides an opportunity for our community to reconnect as people return to Rochester.

REDHS is proud to partner with Rochester Community House, supported by Campaspe Shire Council, on this program to support our community's flood recovery.

RSVP's are essential to assist with catering. To register, please call Rochester Community House on (03) 5484 3600.

## Community Chat



***Want to know how our rebuild is progressing and our services?***

Members of our Executive team will be at the

**Rochester Café  
Wednesday 26 July  
10:00am - 12:00pm**

*Drop in and say hello!*

## URGENT CARE

is temporarily located at 40-44 Moore Street, Rochester.

8:30am - 5:00pm,  
Monday to Friday

